

Year R Autumn 1

Me and My World

BIG QUESTION...

Who am I?



Have a great time making new friends and getting to know the people in your class.

Find out how you are the same and different and what makes you unique.



Characteristics of Effective Learning-

- Active Learning (motivation): Being involved and concentrating; enjoying achieving what they set out to do; keeping on trying.
- Playing and Exploring (engagement): Being willing to have a go; finding out and exploring; playing with what they know.
- Creating and Thinking Critically (thinking): having their own ideas; making links; choosing ways to do things.

In this topic, you can help:

Communication and Language

- Listening and attention
- Understanding
- Speaking

Listening skills

Model listening skills to your child when they talk to you. Get down to their level, make eye contact and give them full attention while they are speaking. Then encourage them to do the same.

Play listening games <http://www.letters-and-sounds.com/phase-1.html>

Read rhyming stories with your child. Encourage them to join in as they become familiar with the story. Encourage them to listen for and join in with repeated refrains. Can they suggest other words that rhyme with the ones in the book?

Learn simple nursery rhymes and poems by heart.

Listen to sounds of instruments and sound patterns. Can your child copy a beat you play for them? Start with a simple clap and then gradually make it a little more complex, while keeping it achievable.

Listen for changes in sounds such as louder, quieter or faster and slower.

Go on a listening walk in different places: at home, in the woods, on the high-street. Write down the different sounds they say they can hear. Discuss what they heard in different places, were all the sounds the same?

Understanding and speaking skills

Try to read a story every day to your child. Stop to talk about the pictures and discuss what is happening on each page. Encourage your child to ask questions about what is happening. Discuss how characters in the story might be feeling, ask why they acted as they did. Talk about where the story is set. Discuss any new words and their meaning. Re-read stories they already know well.

Physical Development

- Moving and handling
- Health and self-care

Provide opportunities for your child to climb, use monkey bars and build upper-body strength which is important for their writing skills. Play wheelbarrow games, do crab crawls or bear crawls around the house.

Provide opportunities for your child to run and move around objects and change directions. Regular walks home via the park and a 10-minute run around together is perfect. Practise balancing skills, walking along a chalk line drawn on the floor without stepping off. Practise throwing and catching with different objects such as a cloth, a ball, a balloon or a teddy... If you can, walk, scoot or cycle to school.

Provide regular opportunities for your child to make marks on paper. Encourage vertical, horizontal and circular movements. Sticking paper to the underneath of a table and encouraging children to lie on their backs to draw is lots of fun. Provide a cave or den to encourage reluctant children to have a go. Encourage your child to cut and snip with scissors.

Talk to children about the importance of eating healthily and drinking water throughout the day. Provide a sports cap water bottle for your child to have at school.

Teach your child to toilet independently, flush after use and wash their hands thoroughly.

<p>Personal, Social and Emotional Development</p> <ul style="list-style-type: none"> • Self-confidence and self-awareness • Managing feelings and behaviour • Making relationships 	<p>Talk about the golden rules at home help your child to begin to know and follow the golden rules.</p> <p>Encourage your child to ask for help when they need it and reassure that we are all still learning and finding ways to do things.</p> <p>At home, talk about how we are the same and how we are different to each other and that being different to each other is what makes us special. You could use some of the books listed above to use as discussion points.</p> <p>At home you can talk about the things we like and the things we do not like and that is alright for us to feel differently. https://www.youtube.com/watch?v=E6CBGAuSvTk</p> <p>Help your child to begin to know the names of the adults in the school and how they can help them. Look at the staff photographs on our school website under the new entrants heading.</p> <p>Help your child to begin to know the names of the children in our class and form new friendships. Encourage meetups in the park while the weather is good.</p> <p>Encourage your child to keep play going by taking turns and sharing when playing games at home.</p>
<p>Literacy</p> <ul style="list-style-type: none"> • Reading • Writing 	<p>Playing I spy games and identifying objects by their initial sounds.</p> <p>Make a collection of objects, ask the children to point to an item beginning with the sound you give them.</p> <p>Encourage your child to handle books with care and understand how to turn the pages carefully.</p> <p>Visit or join your local library and choose new stories to share. Covid – libraries only doing click & collect at the moment.</p> <p>Ask your child to re tell their favourite stories to you in their own words.</p> <p>Encourage your child to begin to make up stories of their own.</p> <p>Encourage your child to make marks using large whole-body movements. You can use the back of a roll of wallpaper to draw on and make marks. Lie on your tummies on the floor and draw together.</p> <p>You can practise drawing lines vertically up and down then horizontally left to right.</p> <p>As we begin to learn some phonic sounds practise how to say them and write them each week with your child.</p> <p>Encourage your child to draw a picture and tell you the story of what is happening in it.</p> <p>https://www.youtube.com/watch?v=VQgizwvqNk</p>
<p>Mathematics</p> <ul style="list-style-type: none"> • Numbers • Shape, space and measures 	<p>Sing simple counting songs.</p> <p>Count items out daily e.g. how many plates on the breakfast table, how many toys to count back into the box when you tidy up, how many stairs to count up to bed, how many steps down the path to the gate etc.</p> <p>Begin to match number (i.e. the digit 4) to quantity (4 things).</p> <p>Name simple 2d shapes and notice shapes in the environment. Point out circles, squares, rectangles and triangles that you see on your walk to school (e.g. road signs, doors, windows, gates).</p> <p>Begin to know the days of the week.</p>

<p>Understanding the World</p> <ul style="list-style-type: none"> • People and communities • The world • Technology 	<p>At home you can talk about some of the things that make us unique and talk about similarities and differences in relation to friends and families.</p> <p>We will talk about where we live and what sort of home we have. We can look at homes around the world and how they are the same and different to our own.</p> <p>Point out changes in the garden as the weather gets colder and name the season as Autumn. Talk about harvest and think or find out about where different fruits and vegetables come from in the world.</p> <p>You can talk about birthday celebrations and the fact different families celebrate differently. Not everyone has a party.</p> <p>Use your child's Bug Club account when you get it to read simple books together.</p>
<p>Expressive Arts and Design</p> <ul style="list-style-type: none"> • Exploring and using media and materials <p>Being imaginative.</p>	<p>You can explore sounds of different instruments and ways of making sounds with our bodies: tapping, clapping and clicking. Create repeating patterns in this way e.g. .tap, tap, click click jump.</p> <p>Encourage your child to draw faces and portraits in different ways. Start by doing this side by side together.</p> <p>Explore mark making and creating art through the use of straight and curved lines. Look at paintings by Mondrian and Kandinsky</p>
<p>Early Years teaching is different to KS1 as our emphasis is on working practically and learning through play. We take into account the children's interests often planning in the moment and adapting activities to follow their interests. All areas of the curriculum can always be found in our free flow resources and open-ended activities.</p> <p><i>Although the activities listed above have been planned at the beginning of this topic, the teaching team may tweak them in order to focus on engaging, enthusing and motivating the learners in their classes.</i></p>	

TOP 5 WORDS to know by the end of this topic:



special

home

different

same

family

Useful websites to enhance learning:

<https://home.oxfordowl.co.uk/help-child-learn-age-4-5/>

<https://www.ictgames.com/>

<https://www.youtube.com/watch?v=VQgizwwvqNk> saying letter sounds

<http://www.letters-and-sounds.com/phase-1.html> listening sound games

<https://www.bbc.co.uk/teach/school-radio/nursery-rhymes-a-to-z-index/z4ddgwx>

<https://www.bbc.co.uk/teach/school-radio/nursery-rhymes-counting-songs/zn67kmn>

<https://www.essentialparent.com/lesson/the-early-years-curriculum-in-the-uk-2275/> A general introduction to the early years curriculum for parents

Great books you could read:

The Great Big Book of Families by Mary Hoffman

All Kinds of People by Emma Damon

My two Grandads/My two Grannies Floella Benjamin

All Kinds of Homes by Emma Damon

Home by Carson Ellis

Storm by Benji Davis

Only one you Linda Kranz

You Be You Linda Kranz

Enrichment opportunities:

Bring in a photograph of you with your family to share with your friends at school

Send in magic moments cards to let us know how your child is bringing their learning home.

British Values

The Rule of Law

Why do we have the Golden Rules?

Behaviour for learning

Being Alert

